

SOCIAL WORK PATHWAY

Why This Program?

- Courses are hybrid format - online and in person
- Courses originate from Briar Cliff University's campus
- Courses are transferrable



Contact your high school counselor to learn more about this opportunity!



Year One

Semester I - SWRK 230: Social Work and Social Welfare (3 credits) Hybrid

Step into the history and heart of social work. In this dynamic course, you will uncover the roots of social work, explore its impact on society, and learn the essential methods professionals use to create change. With a focus on diversity and advocating for at-risk populations, you will gain real-world insight through hands-on volunteer experience.

Semester II - EHS 276/PSYC 276: Stress Management (3 credits) Online

Build the skills to help manage stress. This course explores the causes and effects of stress and how it impacts both mind and body. You will also learn practical techniques to manage stress.

Year Two

Semester I - SWRK 300: Bereavement (3 credits) Hybrid

Dive into the study of how people experience and cope with loss. Explore how grief affects individuals at different stages of life and learn healthy ways to support those going through it. Using an interdisciplinary approach, this course helps you build a personal and professional understanding of grief, while connecting emotional insight with real-world care and compassion.

Semester II - SWRK 325: Mental Health (3 credits) Hybrid

Learn about some of the most common mental health disorders, how they are treated, and why understanding them matters. Discover how it shapes people's lives and communities. Explore real-world issues in the field of social work, acquaint yourself with available resources, and see how advocacy and awareness can make a lasting impact.

Scan the QR code to learn more about the Social Work program

